

DTF Print Placement & Size Guide

Recommended print widths for every garment and placement, matched to our order options.

How sizes work: the size is the WIDTH of your design; the height follows your artwork.
Pick the matching option when you order DTF transfers by size.

Front print sizes by garment

Garment	Sizes	Recommended width
Baby onesie	0–24 months	5"
Toddler	2T–5T	7"
Youth	XS–XL	9"
Adult	XS–S	10"
Adult	M–L	11"
Adult	XL–2XL	12"
Adult	3XL	13"
Adult	4XL	14"
Adult	5XL / big back	15"

Other placements

Placement	Use	Recommended width
Left chest	Logos, pocket prints	3–4"
Pocket	Pocket-area prints (same as left chest)	3–4"
Sleeve	Brand tags, flags	2–3"
Nape / neck label	Back neck tags, inside labels	2–3"
Hoodie front	Above the pocket	10–11"
Full back	Adult back prints	11–13"
Hat front	Caps, beanies	2–4"
Tote bag	Canvas totes	8–11"

Widths above match the DTF Transfer Size Chart at arjindtftransfers.com/pages/dtf-transfer-size-chart.

Where to Place Your Transfer

Measure from the bottom of the collar to the top of the design.

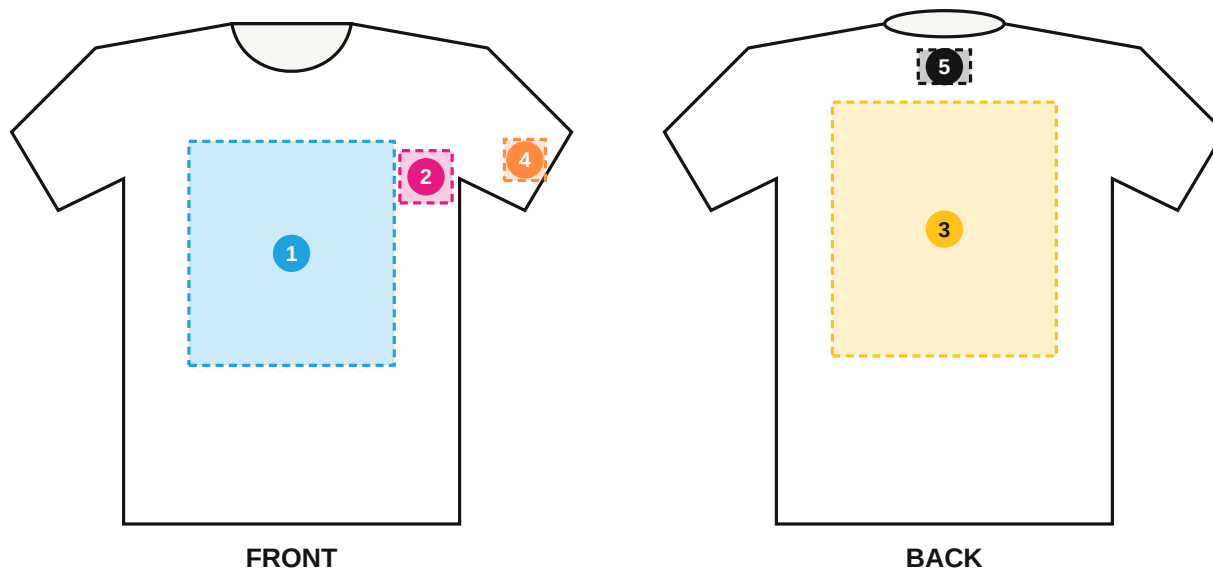


Diagram not to scale. Note: left chest is the wearer's left (right side as you look at the shirt).

Positioning (from our size chart)

- 1 Adult front:** top of the design 3"–4" below the collar.
Youth front: 2"–3" below the collar.
- 2 Left chest / pocket:** centered over the left chest, about 7"–9" down from the shoulder seam.
- 3 Back:** top of the design 2"–4" below the collar.

General guidance (not on our size chart)

- 4 Sleeve:** typically centered on the outer sleeve, around 3"–4" down from the shoulder seam.
- 5 Nape:** typically about 1" below the back collar seam, centered.
- Onesie & toddler fronts:** typically about 1.5"–2" below the neckline.
- Hoodie front:** keep the whole design above the pocket (size chart: 10–11" wide).

Garment cuts vary by brand - always check the placement on the actual blank before pressing.

Measuring Tips & Artwork Checklist

Get the size right and send a file that prints sharp.

Measuring tips

- **Measure the width.** The order size is the design width; the height follows your artwork.
- **Lay the garment flat.** Smooth it out and measure with a ruler or tape across the print area.
- **Use the collar as your reference.** Measure from the bottom of the collar to the top of the design.
- **Find the center.** Typically, folding the shirt in half lengthwise gives a quick center line.
- **Check the height.** Tall, narrow designs look bigger than they measure.
- **Two sizes for a full run.** Printing S–3XL? Many shops use 10" for S–M and 12" for L and up.

Gang sheet setup

- 1 22" wide canvas**
Length matches the sheet you order, e.g. 22" x 60". 300 DPI.
- 2 0.25"–0.5" between designs**
Makes cutting easy.
- 3 Keep art away from the edges**
Leave space around the outside of the sheet.
- 4 Export transparent PNG or PDF**
Then upload at
`/products/upload-dtf-gang-sheet`.

Free 22" gang sheet templates are available on our Free DTF Resources page.

Artwork checklist

- ☐ PNG with a transparent background (best). PDF is also accepted.
- ☐ 300 DPI at the actual print size (a 12" wide design is about 3,600 pixels wide).
- ☐ Designed at 100% size - we print at true size, no scaling.
- ☐ RGB is fine for DTF. Fabric colors can differ slightly from screens.
- ☐ No white boxes or backgrounds - anything that isn't transparent prints.
- ☐ Bold, readable text; small text thick enough to read.
- ☐ Solid colors - avoid faint, see-through areas and soft drop shadows.
- ☐ Only artwork you own or have permission to use.

Need help with sizing or files?

Call or text +1 225 251 2421 · WhatsApp @arjindtf · arjindtftransfers.com